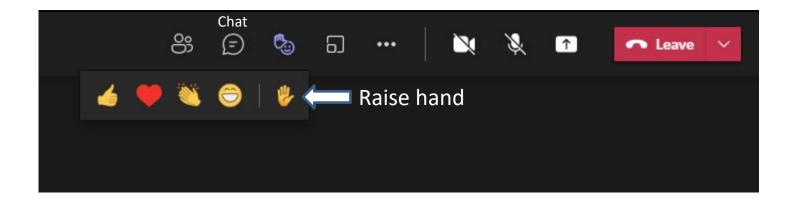


## COVERED CALIFORNIA 101 FOR AMERICAN INDIANS/ALASKA NATIVES

## **Microsoft Teams Functions**

If you have a question, please raise your hand or type your question in the chat.



 During the presentation, please keep your microphone on mute.



## **AGENDA**

- Affordable Care Act
- What is Covered California
- Benefits available for American Indians/Alaska Natives through Affordable Care Act/Covered CA
- Questions & Answers



## **AFFORDABLE CARE ACT**



## **AFFORDABLE CARE ACT (ACA)**

- The Patient Protection and Affordable Care Act (ACA) is a comprehensive reform law, enacted in 2010, that increases health insurance coverage for the uninsured and implements reforms to the health insurance market.
- A State-Based Marketplace (SBM) is a government agency offering subsidized ACA plans for the state, like Healthcare.gov but created and maintained by the individual state.
- Insurance Market Reforms: Guaranteed issue and renewal; no annual or lifetime limits; coverage for essential health benefits; dependent coverage up to age 26
- Medicaid Expansion: Inclusion of low-income childless adults.



## MARKETPLACE BENEFITS AND COVERAGE LEVELS

The Affordable Care Act (ACA) requires that products sold in the individual market cover **10 essential health benefit categories\***.





















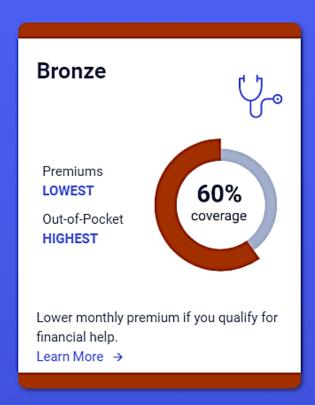


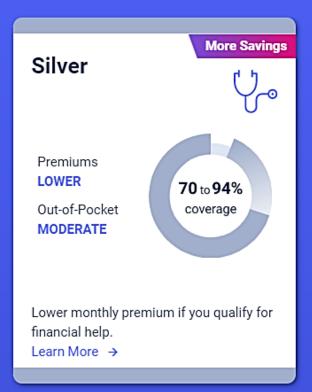
# MARKETPLACE BENEFITS AND COVERAGE LEVELS

- The ACA defines four "metal tiers" of coverage for these benefits that vary by Actuarial Value (AV), which is the percentage of the total average costs that a health insurance plan will pay for covered benefits throughout the year.
- The four metal tiers, from the plan that requires the most out-of-pocket expenses to the least, are **Bronze**, **Silver**, **Gold**, **and Platinum**.
- The tiers are not related to the quality of medical care, and all plans cover the same essential benefits.
- Plans with a lower AV have lower monthly premiums but higher cost-sharing.

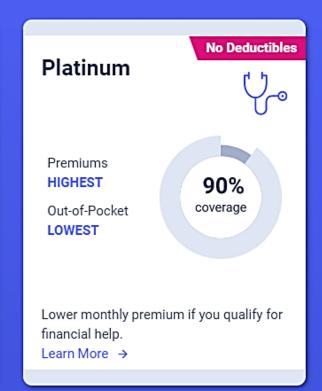


## **HEALTH PLAN COVERAGE LEVEL: METAL TIERS**









- A plan with a lower premium results in a larger copayment with higher deductibles and maximum out-of-pocket expense.
- Minimum coverage plans are also available to people who meet certain requirements, although these plans are not eligible for financial help.

## WHAT IS COVERED CALIFORNIA?



## WHAT IS COVERED CALIFORNIA?

- Covered California is the State-Based Marketplace under the Affordable Care Act where Californians can shop for health plans and access financial assistance, if they qualify for it.
- The only place where eligible Californians can receive federallyfunded financial assistance to help pay for healthcare premiums.
- Financial assistance includes tax credits paid in advance to the health plans - also known as Advanced Premium Tax Credits (APTC) and cost-sharing reductions.



## **COVERED CALIFORNIA AND MEDI-CAL**

- Medi-Cal is a separate state program, managed by the Department of Health Care Services (DHCS) that offers lowcost or free health coverage to eligible Californian residents with limited income.
- Health plans available through Medi-Cal and Covered California both offer a similar set of important benefits, called Essential Health Benefits (EHBs). You can apply for both programs at the same time when you use our single streamlined application.
- Most consumers with incomes at or below 138 percent or below of the Federal Poverty Level (FPL) may be eligible for Medi-Cal coverage.









### **COVERED CALIFORNIA ELIGIBILITY**

Applicant Eligibility Criteria for Covered California

- Be a California resident or person who intends to reside in California
- 2 Be a U.S. citizen or national, or lawfully present in the U.S.
- 3 Not be incarcerated



## FINANCIAL ASSISTANCE ELIGIBILITY REQUIREMENTS



## Factors that determine eligibility for financial assistance and the amount:

- Household income,
- Household size,
- Age of household members, and
- Location of the household (which determines the pricing region)
- Not enrolled in Minimum Essential Coverage (MEC) or have MEC made available to them.
- Note this does not apply to tribal members receiving care from a Tribal Health Program

Members who receive federal financial assistance (APTC) must file their federal taxes to reconcile the APTC amount with the IRS.



## 2026 COVERED CALIFORNIA HEALTH PLAN COMPANIES

- Covered California provides quality health coverage from private health insurance companies.
- These 11 companies meet all the state and federal requirements for health plans, plus additional contractual requirements set by Covered California.
- Health companies offer one or more of these products: PPO, HMO, and/or EPO; and a wide variety of doctors and hospitals.

















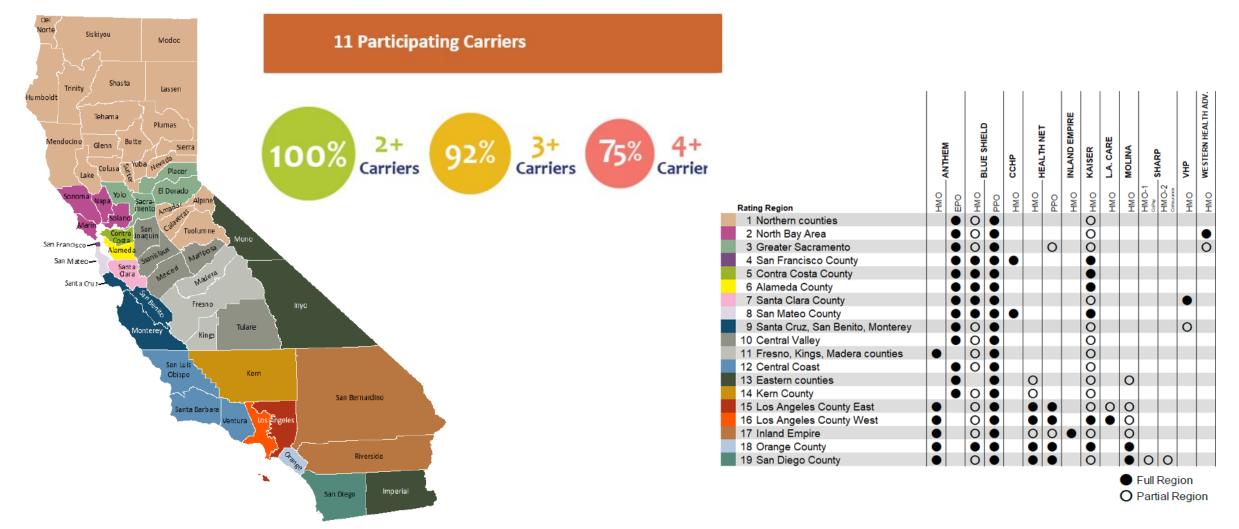








### 2025 COVERED CALIFORNIA HEALTH PLAN OFFERINGS





## 2026 HEALTH BENEFIT DESIGN BY METAL TIER



### 2026 Patient-Centered Benefit Designs and Medical Cost Shares Benefits in blue are NOT subject to a deductible. Benefits in blue with a white corner are subject to a deductible after the first three visits.

Coverage Category	Minimum Coverage	Bronze	Silver	Silver 73	Silver 87	Silver 94	Gold	Platinum
Percent of cost coverage	Covers 0% until out-of-pocket maximum is met	Covers 60% average annual cost	Covers 70% average annual cost	Covers 73% average annual cost	Covers 87% average annual cost	Covers 94% average annual cost	Covers 80% average annual cost	Covers 90% average annual cost
Cost-sharing Reduction Single Income Range	N/A	N/A	N/A	\$31,301 to \$39,125 (>200% to <250% FPL)	\$23,476 to \$31,300 (>150% to <200% FPL)	up to \$23,475 (>100% to ≤150% FPL)	N/A	N/A
Free Preventive Care Visit	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0
Primary Care Visit	After first 3 non- preventive visits, full cost per	\$60*	\$50	\$50	\$15	\$5	\$40	\$15
Urgent Care	instance until out-of-pocket maximum is met	\$60°	\$50	\$50	\$15	\$5	\$40	\$15
Specialist Visit		\$95°	\$90	\$90	\$25	\$8	\$70	\$30
Emergency Room Facility	Full cost per service until out-of-pocket maximum is met	40% after deductible is met	\$400	\$400	\$200	\$50	\$350	\$175
Laboratory Tests		\$50	\$50	\$50	\$30	\$10	\$40	\$15
X-Rays and Diagnostics		40% after	\$95	\$95	\$50	\$10	\$75	\$30
Imaging		deductible is met	\$325	\$325	\$100	\$50	\$75 copay or 25% coinsurance***	\$30 copay or 10% coinsurance***
Tier1 (Generic Drugs)		\$20	\$19	\$19	\$8	\$3	\$18	\$9
Tier 2 (Preferred Drugs)	Full cost per script until	40% up to	\$60**	\$55 <sup>**</sup>	\$25**	\$10	\$60	\$16
Tier 3 (Non-preferred Drugs)	out-of-pocket maximum is met	\$500 per script after drug	\$90**	\$85"	\$45**	\$15	\$85	\$25
Tier 4 (Specialty Drugs)		deductible is met	20% up to \$250" per script	20% up to \$250" per script	15% up to \$150" per script	10% up to \$150 per script	20% up to \$250 per script	10% up to \$250 per script
Medical Deductible - The amount you pay before the plan pays	N/A	Individual: \$5,800 Family: \$11,600	Individual: \$5,200 Family: \$10,400	Individual: \$5,200 Family: \$10,400	Individual: \$1,400 Family: \$2,800	N/A	N/A	N/A
Pharmacy Deductible - The amount you pay before the plan	N/A	Individual: \$450 Family: \$900	Individual: \$50 Family: \$100	Individual: \$50 Family: \$100	Individual: \$50 Family: \$100	N/A	N/A	N/A
Annual Out-of-Pocket Maximum	\$10,600 individual \$21,200 family	\$9,800 individual \$19,600 family	\$9,800 individual \$19,600 family	\$8,100 individual \$16,200 family	\$3,350 individual \$6,700 family	\$1,400 individual \$2,800 family	\$9,200 individual \$18,400 family	\$5,000 individual \$10,000 family



## 2025 FAMILY DENTAL AND VISION COMPANIES











All health plans include dental care for **children** at no extra cost.

**Adults** can purchase a family dental plan when they enroll in a Covered California health insurance plan.

There must be at least **one** adult (age 19 or older) enrolled in a family dental plan for a child in the family to enroll. (Not all adults in the household are required to enroll.) If a family chooses to enroll children in a family dental plan, all children younger than 19 who live in the household must enroll.

https://www.coveredca.com/individuals-and-families/getting-covered/dental-coverage/family/
Covered CA Dental Plans: https://www.coveredca.com/pdfs/2025-Family-Dental-Covered-Services-Comparative.pdf







**Children** under age 19 get free vision care included with their parent's Covered California health plan.

**Adults** can enroll directly with one of our three contracted vision companies. All offer excellent benefits.

https://www.coveredca.com/vision/adult/ https://www.coveredca.com/vision/childrens-vision/



# BENEFITS AVAILABLE TO AI/AN THROUGH COVERED CALIFORNIA



# AFFORDABLE CARE ACT (ACA) PROVISIONS FOR AMERICAN INDIANS

Al/AN consumers have special benefits and protections in the Health Insurance Marketplace

- 1 Special monthly enrollment status
- Zero cost sharing plan option for household incomes between 100% and 300% of the Federal Poverty Level
- Limited cost sharing plan option for household incomes below 100% or above 300% of the Federal Poverty Level
- No copays, deductibles, coinsurance for zero and limited cost sharing plans when receiving care from Indian health care providers or with a referral



# BENEFITS FOR AMERICAN INDIAN/ALASKA NATIVE (AI/AN)

- Many Al/AN currently receive health care from Indian health care providers, which include health programs operated by the Indian Health Service (I), Tribes and Tribal organizations (T), and Urban Indian organizations (U). These health programs are sometimes collectively referred to as I/T/Us (IHS/Tribal/Urban).
- If AI/AN enroll in a plan through Covered California, they can continue to receive services from their local Indian health care provider. Most I/T/Us do not provide specialty or emergency care but those are covered under the ACA when enrolled in Covered California.
- Al/AN can enroll in or switch plans (as often as once a month) in Covered California throughout the year, not just during the annual open enrollment period.
- Depending on income, Al/AN can enroll in a zero cost or limited cost sharing plan.



### AMERICAN INDIAN/ALASKAN NATIVE PROGRAM ELIGIBILITY

#### **Program Eligibility by Federal Poverty Level for 2026**

Your financial help and whether you qualify for various Covered California or Medi-Cal programs depends on your income, based on the Federal Poverty Level (FPL)

			SEL	NOTE B	EL OW	Federal Premium Tax Credit						
(i;j;)				RINCOM		American Indian / Alaska Native (AIAN) Zero Cost Sharing (over 300%)**						
	OVERED			THIS RAN	jg:	Silver 94 (100%-1509	Silver 87 6) (>150%-200%	5				
	% FPL	0%	100%	138%	150%	200%	213%	250%	266%	300%	322%	400%*
	1	\$0	\$15,650	\$21,597	\$23,475	\$31,300	\$33,335	\$39,125	\$41,629	\$46,950	\$50,393	\$62,600
	2	\$0	\$21,150	\$29,187	\$31,725	\$42,300	\$45,050	\$52,875	\$56,259	\$63,450	\$68,103	\$84,600
d)	3	\$0	\$26,650	\$36,777	\$39,975	\$53,300	\$56,765	\$66,625	\$70,889	\$79,950	\$85,813	\$106,600
Household Size	4	\$0	\$32,150	\$44,367	\$48,225	\$64,300	\$68,480	\$80,375	\$85,519	\$96,450	\$103,523	\$128,600
ehol	5	\$0	\$37,650	\$51,957	\$56,475	\$75,300	\$80,195	\$94,125	\$100,149	\$112,950	\$121,233	\$150,600
Hous	6	\$0	\$43,150	\$59,547	\$64,725	\$86,300	\$91,910	\$107,875	\$114,779	\$129,450	\$138,943	\$172,600
	7	\$0	\$48,650	\$67,137	\$72,975	\$97,300	\$103,625	\$121,625	\$129,409	\$145,950	\$156,653	\$194,600
	8	\$0	\$54,150	\$74,727	\$81,225	\$108,300	\$115,340	\$135,375	\$144,039	\$162,450	\$174,363	\$216,600
	add'l, add	\$0	\$5,500	\$7,590	\$8,250	\$11,000	\$11,715	\$13,750	\$14,630	\$16,500	\$17,710	\$22,000
	6		Medi-Cal fo	or Adults	N	Medi-Cal for Pregnant Individuals			Medi-Cal Access Program (for Pregnant Individuals)			
Medi-Cal for Kids (0-18 Yrs.)					Mat	P (San Francisco, San eo, and Santa Clara ounty residents)						

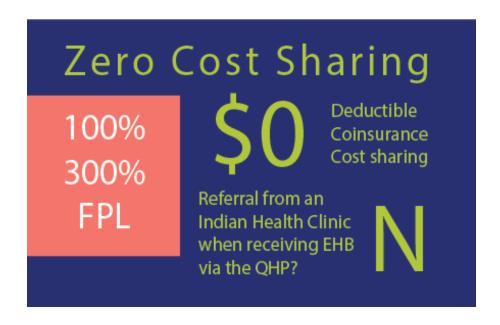
Note: Most consumers up to 138% FPL will be eligible for Medi-Cal. If ineligible for Medi-Cal, consumers may qualify for a Covered California health plan with financial help including: federal premium tax credit, Enhanced Silver (94, 87, 73) plans and Zero Cost Sharing and Limited Cost Sharing AIAN plans.

Enhanced Silver 94, 87 and 73 plans have no deductibles, and lower co-pays and out-of-pocket maximum costs.

<sup>\*</sup> Consumers at 400% FPL or higher may receive a federal premium tax credit to lower their premium to a maximum of 8.5 percent of their income based on the second-lowest-cost Silver plan in their area. See the chart on page 2 for more information.

<sup>\*\*</sup> Al/AN members with household incomes above 300% FPL will be eligible for the Limited Cost Sharing and the Silver 73.

# AMERICAN INDIAN/ALASKA NATIVE ZERO-COST AND LIMITED-COST SHARING PLANS



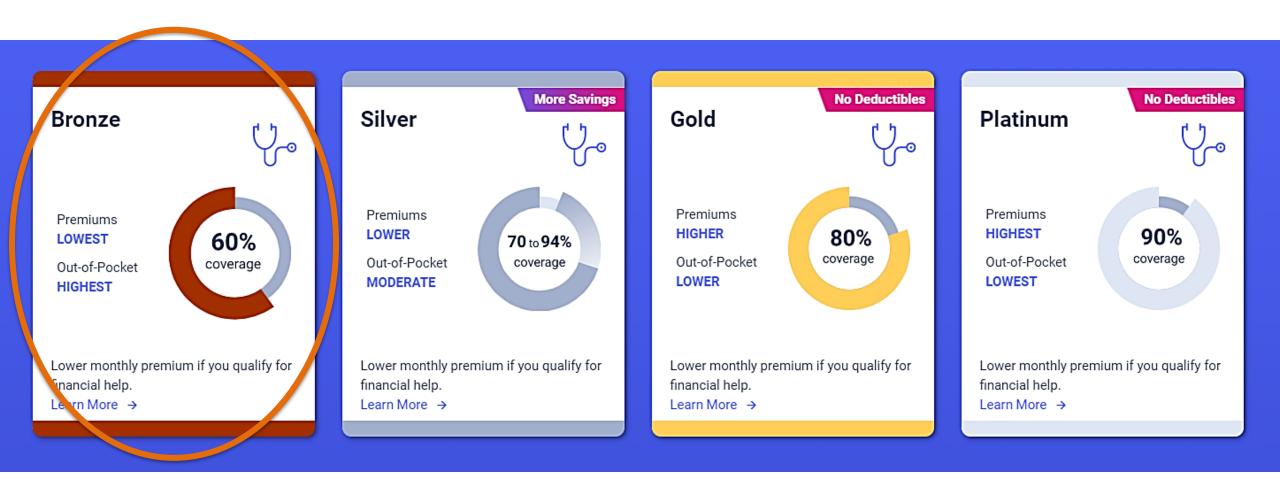
For incomes **between 100% and 300%** of the Federal Poverty Level, there are no deductibles, coinsurance, or cost sharing, and <u>no referrals</u> are required from an Indian Health Clinic when receiving Essential Health Benefits from a Qualified Health Plan.



For incomes **below 100% or above 300%** of the FPL, there are no deductibles, coinsurance, or cost sharing when health care services are received from an Indian Health Clinic or <u>with a referral</u> from one when receiving Essential Health Benefits from a Qualified Health Plan.



## AI/AN AND THE FOUR METAL TIERS



Covered California encourages AI/AN who are eligible for a **zero-cost sharing plan** to enroll in a **BRONZE** plan because cost-sharing is always zero and they will have low monthly payments.



# AMERICAN INDIAN/ALASKA NATIVE BENEFIT EXAMPLE

The following is an example of the differences in cost sharing between a Silver 70 standard plan, a Zero Cost Share Al/AN plan and a Limited Cost Share Al/AN plan for some **covered services**.

Covered services	Silver 70 Standard Plan	Zero Cost Share AI/AN Plan	Silver 70 Limited Cost Share AI/AN Plan	Silver 70 Limited Cost Share AI/AN Plan if Member Goes to an AI/AN Provider*
<b>Primary Care Visit</b>	\$50	\$0	\$50	\$0
Specialist Visit	\$90	\$0	\$90	\$0
<b>Laboratory Tests</b>	\$50	\$0	\$50	\$0
<b>Urgent Care Visit</b>	\$50	\$0	\$50	\$0

<sup>\*</sup>Indian Health Service (IHS), an Indian tribe, Tribal Organization, Urban Indian Organization, or receives a referral to a QHP provider from an IHS clinic.



## PROOF OF AMERICAN INDIAN AND ALASKA NATIVE STATUS

Members of **federally-recognized** tribes can submit a copy of **one** of the following documents for verification:

- 1. Tribal Enrollment/Membership Card.
- 2. Authentic document from a tribe declaring membership for an individual.
- 3. I-872 American Indian Card.
- 4. U.S. American Indian/Alaska Native tribal enrollment or shareholder documentation.
  - Enrollment or membership document from a federally-recognized tribe or the Bureau of Indian Affairs. It must be on tribal letterhead or an enrollment/membership card that contains the tribal seal and/or an official signature.
  - Document issued by an Alaska Native village/tribe, or an Alaska Native Corporation Settlement Act (ANCSA) regional or village corporation acknowledging shareholder status.
- 5. Certificate of Degree of Indian Blood (CDIB) issued by the Bureau of Indian Affairs or a tribe, if the CDIB includes tribal enrollment information.
- 6. Letter from the U.S. Department of Health and Human Services (**HHS**) granting a tribal exemption based on tribal membership or Alaska Native shareholder status



## AI/AN INCOME CALCULATION

Modified Adjusted Gross Income (MAGI) is used to determine eligibility for premium tax credits and cost-sharing reductions in Marketplace plans, Medicaid, and CHIP. MAGI starts with taxable adjusted gross income (AGI) and includes certain adjustments. For American Indians and Alaska Natives (AI/ANs), certain types of income specific to AI/ANs are excluded from MAGI because they are non-taxable. When filling out an application for health insurance in the Marketplace, you will be asked to list your taxable income. You should provide the same income that you report to the IRS when you file your federal income tax. Do not include AI/AN income that the IRS exempts from taxation as part of your taxable income

#### **Excludable Categories:**

- ANCSA Corporations/Settlement Trusts Distributions
- Trust/Reservation Property Distributions
- Hunting, Fishing, and Natural Resource Income
- Sale/Use of Cultural or Subsistence Property
- BIA/Tribal Student Financial Assistance
- IRS General Welfare Doctrine Income
- Non-taxable Indian Trust Income

**Tribal gaming per capita payments are taxable** and <u>must be</u> reported as part of MAGI for Marketplace, Medi-Cal, and CHIP eligibility.



## WHAT TRIBAL INCOME IS COUNTED\*?

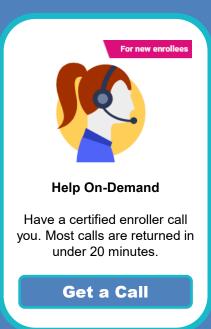
Income Type	MAGI Medi-Cal	Covered CA APTC/CSR*
Indian financing grants under title IV of the Indian Financing Act of 1974 to expand profit-making Indian-owned economic enterprises on or near reservations	Not counted	Not counted
Per-capita distributions of Indian gaming revenue	Count Taxable Portion	Count Taxable Portion
Public assistance payments, general assistance, Bureau of Indian Affairs general assistance	Not counted	Not counted
Distributions from Alaska Native corporations and settlement trusts	Not counted	Count taxable portion
Payments resulting from ownership interest in or usage rights to items that have a unique religious, spiritual, traditional, or cultural significance or rights that support subsistence or a traditional lifestyle according to applicable Tribal Law or custom	Not counted	Count taxable portion
Student financial aid provided under the Bureau of Indian Affairs education programs	Not counted	Count taxable portion
Distributions from Alaska Native corporations and settlement trusts	Not counted	Count taxable portion

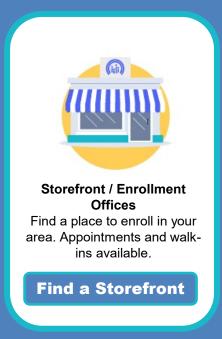
<sup>\*</sup>Full List: <a href="https://www.dhcs.ca.gov/services/medi-cal/eligibility/Documents/Co-OPS-Sup/Income-and-Deductions-Chart06252021.pdf">https://www.dhcs.ca.gov/services/medi-cal/eligibility/Documents/Co-OPS-Sup/Income-and-Deductions-Chart06252021.pdf</a> \*\*Advance Premium Tax Credits/Cost Sharing Reductions

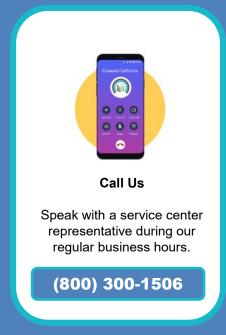


### **ENROLLMENT IN COVERED CALIFORNIA**











### It's easy!

Apply on our website at CoveredCA.com or get free, confidential help by dialing 800.300.1506.

Covered California and Medi-Cal use the **same** application. This means that once you apply, you'll find out which program you qualify for (some households qualify for both).



### **CERTIFIED ENROLLMENT ENTITIES**

Account Name	Program	Organization Type
American Indian Health and Services, Inc	Certified Application Entity	American Indian Tribes or Tribal Organizations
Chapa-De Indian Health	Certified Application Entity	Licensed health care clinics
Consolidated Tribal Health Project, Inc	Certified Application Entity	American Indian Tribes or Tribal Organizations
Feather River Tribal Health, Inc	Certified Application Entity	Indian Health Services Facilities
Fresno American Indian Health Project	Certified Application Entity	American Indian Tribes or Tribal Organizations
Indian Health Center of Santa Clara Valley	Certified Application Entity	Licensed health care clinics
Indian Health Council, Inc.	Certified Application Entity	Indian Health Services Facilities
Karuk Tribe	Certified Application Entity	American Indian Tribes or Tribal Organizations
Lake County Tribal Health Consortium, Inc.	Certified Application Entity	American Indian Tribes or Tribal Organizations
Lassen Indian Health Center	Certified Application Entity	American Indian Tribes or Tribal Organizations
MACT Health Board, INC.	Certified Application Entity	American Indian Tribes or Tribal Organizations
Native American Health Center	Navigator Entity (sub)	Non-Profit
Northern Valley Indian Health, Inc.	Certified Application Entity	Indian Health Services Facilities
Pit River Health Service, Inc	Certified Application Entity	American Indian Tribes or Tribal Organizations
Riverside San Bernardino Co Indian Health	Certified Application Entity	Indian Health Services Facilities
Sacramento Native American Health Center, Inc	Certified Application Entity	Licensed health care clinics
San Diego American Indian Health Center	Navigator Entity (sub)	Non-Profit
Shingle Springs Tribal Health Program	Certified Application Entity	American Indian Tribes or Tribal Organizations
Southern Indian Health Council, Inc.	Certified Application Entity	American Indian Tribes or Tribal Organizations
Toiyabe Indian Health Project	Certified Application Entity	American Indian Tribes or Tribal Organizations
Tule River Indian Health Center, Inc.	Certified Application Entity	Indian Health Services Facilities
United Indian Health Services	Certified Application Entity	Licensed health care provider





### **COVERED CALIFORNIA QHP AI/AN NETWORK**

- There are currently 85 Indian Health Service (IHS), tribally operated, and urban Indian health programs in Covered California's QHP networks
  - Majority are in Region 1 (Northern CA) and Region 17 (Inland Empire)
- Covered California continues to encourage QHP Issuers to include and expand the number of Indian Health Service (IHS), tribally operated, and urban Indian health programs in their networks
- A list of Indian Health Service (IHS), tribally operated, and urban Indian health programs that are currently in Covered California's QHP networks are available on the Al/AN toolkit:

https://hbex.coveredca.com/california-tribes/





## **QUESTIONS**





#### TRIBALCONSULTATION@COVERED.CA.GOV

#### **Waynee Lucero**

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#### Sana Zulfiqar

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## **APPENDIX**



## **COVERAGE FOR OUT-OF-NETWORK SERVICES**

- The requirement for a QHP issuer to offer Zero Cost Share or Limited Cost Share benefits applies to "covered services" under the plan.
- QHP issuers are **not** required to offer Zero Cost Share or Limited Cost Share benefits for services received from out-of-network providers.
- American Indian/ Alaska Native enrollees would be responsible for 100% of the cost of services received from out-of-network providers when enrolled in a plan with a closed provider network.
- Closed provider networks include:
  - Health Maintenance Organizations (HMO)
  - Exclusive Provider Organizations (EPO)



## **GLOSSARY**

#### Copays:

A fixed amount (for example, \$15) you pay for a covered health care service, usually when you receive the service. The amount can vary by the you make to manage your health insurance plan. type of covered health care service.

#### Coinsurance:

Your share of the costs of a covered health care service, calculated as a percentage (for example, 20 percent) of the allowed amount for the service. You pay coinsurance plus any deductible you owe.

#### **Deductibles:**

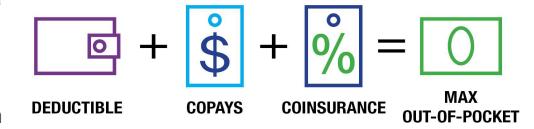
The amount you owe for health care services your health insurance plan covers before your plan begins to pay. For example, if your deductible is \$1,000, your plan won't pay anything until you have met your deductible for covered health care services. The deductible may not apply to all services.

#### **Maximum Out-of-pocket (MOOP):**

The most you have to pay for covered services in a plan year. After you spend this amount on deductibles, copayments and coinsurances for innetwork care and services, your health plan pays 100% of the costs of covered benefits.

#### **Premium:**

A health insurance premium is the recurring payments



Copays do not go towards your deductible. Only to your max out-of-pocket.



## **GLOSSARY**

#### **Advanced Premium Tax Credit (APTC)**

Financial assistance eligible consumers may receive when enrolling in a Covered California health insurance plan, to assist them in paying their monthly premium costs. The amount of premium assistance an individual may receive is determined based on his or her income as a percentage of the federal poverty level. This tax credit may also be described as "premium assistance." Tax credits are also available to small businesses with fewer than 25 full-timeequivalent employees to help offset the cost of providing coverage

#### **Exclusive Provider Organization (EPO)**

An exclusive provider organization (EPO) is a type of health care doctor and hospital network that offers a full array of covered benefits from a single network. Covered benefits are not paid for services rendered by a doctor or hospital that is not part of the network, except in the case of emergency or planapproved care outside the network.

#### Federal Poverty Level (FPL)

A measure of income level issued annually by the U.S. Department of Health and Human Services. Federal poverty levels are used to determine eligibility for certain programs and benefits. In California, for example, Medi-Cal is available to those making up to 138 percent of the federal poverty level.

#### **Federally Recognized Tribe**

Any American Indian or Alaska Native tribe, band, nation, pueblo, village or community that the U.S. Department of the Interior acknowledges to exist as an American Indian tribe.

#### **Health Maintenance Organization (HMO)**

A type of health insurance plan that usually limits coverage to care from doctors who work for or contract with the health maintenance organization (HMO). It generally won't cover out-of-network care except in an emergency. An HMO may require you to live or work in its service area to be eligible for coverage. HMOs often provide integrated care and focus on prevention and wellness.

#### **Preferred Provider Organization (PPO)**

A type of health insurance plan that contracts with participating doctors and hospitals to create a network. You pay less if you use doctors and hospitals that belong to the plan's network. You can use doctors, hospitals and others outside the network for an additional cost.

